

50 WAYS TO SHOW YOUR WIFE YOU LOVE HER

BY OWEN E. JACK
Ministerial Secretary of South Caribbean Conference of SDA

1. Tell her you love her every day.
2. Plan dinner and make it at least once a week.
3. Buy flowers for her not only on special days.
4. Offer to care for the kids while she takes a bath or reads a book in bed.
5. Do the dishes.
6. Turn off the games on TV just to spend some time together.
7. Make her a card from scratch and tell her how you feel about her.
8. Make the bed.
9. Arrange a ladies' night with her friends.
10. Encourage her to pursue activities and interests that can make her feel happy and fulfilled.
11. Hold her hand when you are in public or in the car.
12. Plan a date for the two of you and don't tell her what any of the plans are.
13. Make a list of things you love about her, write them on sticky notes, and hide them all over the house so she'll continue finding them throughout the week.
14. Thank her for things she does around the house regularly that you may take for granted, whether it's cooking, getting the kids ready for school each morning, or anything else.
15. Buy the things she told you she would like to have or the things she asks you to replace in the home.
16. Go shopping with her to help pick out new clothes. She values your opinion and wants to know what you think she looks good in, and she wants to spend time with you.

17. Take care of finding the babysitter when the two of you want to go out.
18. While you are at work, send her a text message telling her how much you love her.
19. Give her a foot massage.
20. Fix things around the house without her having to ask you.
21. Take her to exercise with you when you are going to walk.
22. Finally get around to that project she has been asking you to do.
23. Write her a poem.
24. Run some errands for her.
25. Give her a long kiss when you are leaving home and when you return home.
26. Pick out a movie she would love and watch it with her.
27. On your next date, make an extra effort to look your best and get dressed up for her.
28. Tell her how special she is looking when she is dressed to go out.
29. Recreate your first date or other memorable moments during your courtship.
30. Put the cereal back in its place after breakfast and your clothes away at the end of the day.
31. Come home early from work one day with dinner in hand. (If you can't come home early, let her know beforehand that you've got dinner taken care of.)
32. Thank her often and verbally for being a wonderful wife and mother. Mention specific things you appreciate.
33. Take the trash out before she asks.
34. Find and frame an old photo of your early dating or married days and give it to her.
35. Tell her often how beautiful she is.
36. Buy her favourite book for her.

37. Give her hand a kiss.
38. Tell her what you loved most about her when you first met.
39. Tell her what you love most about her today.
40. Fill up her car for her.
41. Cuddle with her on the couch after the kids have gone to bed and let her tell you about her day.
42. Vacuum the house.
43. Treat her with what she wants.
44. Leave a short and sweet note on the bathroom mirror for her.
45. Surprise her with a clean car.
46. Sit next to her in church rather than with all the kids between you.
47. Make a to-do list with her of all the things you'd like to do in the next year.
48. Go on an extra fancy date to the orchestra or something out of the norm.
49. Take a picture of her on your phone when you think she's being cute with the kids or any other time.
50. Give her 8-10 hugs a day to keep the doctor away.